

♥ ♥ ♥ January 14 – February 14, 2026 ♥ ♥ ♥

♥ ♥ Why This Challenge Matters ♥ ♥

A simple note can do more than we realize. It can lift a weary heart, remind someone they are seen, and quietly reflect God's love in a tangible way.

This challenge invites us to **slow down, notice others**, and choose **encouragement** on **purpose**. Together, we will **spread kindness** across our **homes, churches, workplaces, and communities**—one note at a time.

Challenge Dates

♥ January 14 – February 14, 2026

During this one-month challenge, women across SNEC are invited to **intentionally encourage others** through handwritten notes, mailed cards, or thoughtful text messages.

How the Challenge Works

- ♥ Challenge runs from January 14 through February 14, 2026
- ♥ Send encouragement in person, by mail, or by text
- ♥ Use the **tracking card** to record each day you send a note
- ♥ At the end of the challenge:
 - ✉ Take ONE photo of your completed tracking card
 - ✉ Email it to shinds@sneconline.org
- ♥ Submitting a completed tracking card enters you into the prize drawing
- ⚠ Not all who enter are guaranteed to win a prize