

Why This Challenge Matters

A simple note can do more than we realize. It can lift a weary heart, remind someone they are seen, and quietly reflect God's love in a tangible way.

This challenge invites us to **slow down, notice others, and choose encouragement on purpose**. Together, we will **spread kindness across our homes, churches, workplaces, and communities**—one note at a time.

Challenge Dates

January 14 – February 14, 2026

During this one-month challenge, women across SNEC are invited to **intentionally encourage others** through handwritten notes, mailed cards, or thoughtful text messages.

How the Challenge Works

- Challenge runs from January 14 through February 14, 2026
- Send encouragement in person, by mail, or by text
- Use the **tracking card** to record each day you send a note
- At the end of the challenge:
 - Take ONE photo of your completed tracking card
 - Email it to shinds@sneconline.org
- Submitting a completed tracking card enters you into the prize drawing
- Not all who enter are guaranteed to win a prize.